

CRESTON

ADMISSION, HOURS + SCHEDULES

March 31st to
June 29th, 2025



To view the guide and register online visit rdck.ca/recreation or call 250.428.7127



Creston & District
Community Complex

SPRING HOURS

March 31 – June 29, 2025

FACILITY CLOSURE: Apr 23
POOL CLOSURES: May 24-25

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	9:00am - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arm's reach of a parent or guardian 16 years of age or older.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	–
Youth (5-18)	\$4.04	\$36.36
Adult (19-74)	\$8.08	\$72.72
Golden Guest (75+)	Free	–
Family (2 adults and up to 4 dependent children)	\$16.16	–

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$72.72	\$185.44	\$327.24
Youth	\$36.36	\$92.72	\$163.62
2nd Adult	\$65.48	\$166.90	\$294.52
2nd Youth	\$32.74	\$83.45	\$147.26

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Easter Sunday
Canada Day

HOLIDAYS OPEN

1:00-5:00pm

Good Friday
Victoria Day

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31st. Visit rdck.ca/lap or scan the QR code for more information



POOL SCHEDULE

March 31 - June 29, 2025

**CHECK PAGE 2 FOR CLOSURES
AND HOLIDAY HOURS!**

Schedule is subject to change.

SAVE THE DATES! WIBIT™ DAYS on the 2nd & 4th Sunday of the month! Pro-D-Day, **April 7** and **May 26**, the pool will be open 6:30am - 8:00pm with no mid day shut down. **WIBIT™** will be out 1-2:30pm for extra FUN!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LAPS & LEISURE 6:30-8:00am		LAPS & LEISURE 6:30-8:00am	
	AQUA CONDITIONING 8:30 - 9:15AM		CARDIO JAMS 8:30-9:15am	CARDIO TONE 8:30-9:15am	CARDIO JAMS 8:30-9:15am	
			GENTLE JOINTS 9:30-10:15am	AQUA CONDITIONING 9:45 - 10:30am	GENTLE JOINTS 9:30-10:15am	
	LEISURE SWIM 6:30am-2:00pm	LEISURE SWIM 8:00am-2:00pm	LEISURE SWIM 8:00am-2:00pm	LEISURE SWIM 8:00am-2:00pm	LEISURE SWIM 8:00am-2:00pm	LEISURE SWIM 9:00am-6:00pm
FUN SWIM 1:00-6:00pm <i>WIBIT™ swim from 1:00 - 2:30pm on 2nd & 4th Sunday of the month</i>						
	LEISURE SWIM 3:30-5:30pm					
	HUSH - SENSORY FRIENDLY SWIM & SOAK 5:30-7:00pm	LEISURE SWIM 3:30-8:00pm	LEISURE SWIM 3:30-8:00pm	LEISURE SWIM 3:30-8:00pm	LEISURE SWIM 3:30-8:00pm	
	LEISURE SWIM 7:00-8:00pm					

*ADMISSION POLICY: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

Leisure Swim

Pool layout at lifeguards' discretion. 1+ lane, leisure pool and hot areas available.

Laps & Leisure

3 lanes, leisure pool and hot areas available.

Fun Swim

A fun feature (rock wall or diving board) will be open

Included with Admission Program

See program guide for details.

Hush Sensory Friendly Swim & Soak

Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.



Register Online: rdck.ca/recreation

Or Register by Phone: 250-428-7127

FITNESS SCHEDULE

March 31 - June 28, 2025

Included with
Admission or
Active Pass

Pre Registered
Program

All programs are located at the Creston & District Community Complex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 - 10:00AM HATHA YOGA	9:00 - 10:00AM CORE N MORE	9:00 - 10:00AM GROUP CIRCUIT	9:00 - 10:00AM FUNCTIONAL FITNESS	9:00 - 10:00AM HATHA YOGA
10:30 - 11:30AM FULL BODY CIRCUIT <i>Starts May 5</i>	10:15-11:15AM TAI CHI BEGINNER	10:30 - 11:30AM SLOW STRENGTH	10:15-11:15AM TAI CHI INTERMEDIATE	10:15 - 11:00AM FULL BODY CIRCUIT <i>Starts May 9</i>
		11:15AM - 12:15PM MOVE TO IMPROVE <i>Kootenay Room</i>		11:15AM - 12:15PM MOVE TO IMPROVE <i>Fitness Studio</i>
12:00 - 12:45PM STEP AND STRENGTH		12:00 - 1:00PM ZUMBA STEP <i>Fitness Studio</i>		2:00 - 3:00PM GET MOVING WALKING
4:30 - 5:30PM FULL BODY GROUP X		4:30 - 5:30PM FULL BODY GROUP X		
5:00 - 6:00PM BELLY DANCING INTERMEDIATE <i>Erickson Room</i>		5:00 - 6:00PM ZUMBA <i>Erickson Room</i>		
5:15-6:15PM TRX <i>Kootenay Room</i>				

**Participants must be 15 years of age to attend classes



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